

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation:  <b>Access All Areas</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Hackney</b>	
Contact person: <b>Mr Patrick Collier</b>	Position: <b>Executive Producer</b>
Website: <b><a href="http://www.accessallareastheatre.org">http://www.accessallareastheatre.org</a></b>	
Legal status of organisation: <b>Registered Charitable Incorporated</b>	Charity, Charitable Incorporated Company or company number: <b>1120588</b>
When was your organisation established? <b>16/08/2007</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London More Inclusive</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>Disabled people actively taking part in the arts or sport</b> <b>Disabled people reporting increased well-being as a result of taking part in the arts or sport</b>		
Please describe the purpose of your funding request in one sentence. <b>To run participatory creative workshops for adults with wide-ranging learning disabilities to improve well-being, increase confidence and self-esteem, and engage more fully in their community.</b>		
When will the funding be required? <b>16/10/2017</b>		
How much funding are you requesting?		
Year 1: <b>£29,200</b>	Year 2: <b>£29,200</b>	Year 3: <b>£29,200</b>
<b>Total: £87,600</b>		

**Aims of your organisation:**

Access All Areas is a theatre company for adults with learning disabilities. Its core objective is to provide opportunities to advance the education of people with learning disabilities through engagement in the arts, particularly but not limited to drama and dance, to develop life skills, improve their conditions and quality of life.

**Aims**

- Create ambitious and contemporary performance work by professional learning disabled artists
- Raise aspirations and increase employment opportunities for future generations of learning disabled people within the performing arts
- Creatively engage a broad range of learning disabled people with developing key life skills through accessible take part participation programmes
- Challenge public perceptions of learning disabilities through the performing artsEmbed, a best practice approach to access and inclusion throughout the company

**Main activities of your organisation:**

AAA delivers a broad range of creative arts activities, embracing adults with mild learning disabilities to those with profound and complex needs. Our work is divided into two strands

Performance, participation and training programme, Take Part, which offers distinct creative wellbeing projects including:

Spinning Wheel - multi sensory music and movement workshops for adults with profound and multiple learning disabilities

Departure Lounge - for those with moderate needs to support independent living skills

Black Cab Theatre Company - weekly community performing arts group that create and perform their own work

Performance Making Diploma - accredited training in professional performance-making in partnership with the Royal Central School of Speech and Drama

Professional opportunities for those pursuing a performance career within the arts, including:

The Triple 'A' agency - professional casting agency for adults with learning disabilities that provides real paid acting work in TV and theatre

Professional Performance Company - core ensemble of actors that perform professionally and respond to commissions

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>2</b>	<b>5</b>	<b>10</b>	<b>25</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>to March 2018 renewed annually</b>

## Summary of grant request

Access All Areas(AAA) is requesting £87,600 over three years to provide essential support for our extensive outreach and community programme "Take Part".

Take Part provides a variety of creative participatory arts workshops for adults(18+) with a diverse range of learning disabilities, from people with mild learning-disabilities to others with profound and severe needs.

A multi-award winning local charity, AAA is developing a reputation as a leader in accessible creative training ("Leading the way for diversity in the arts" -- Evening Standard). We're the only designated charity providing creative, life-skills and communication training to support the 4,613 adults with learning-disabilities in Hackney. Our programme, delivered by our small but dedicated team with extensive expertise working in this field, aims to reduce the daily barriers faced by adults with learning-disabilities, including loneliness, discrimination and mental health issues.

We ensure our projects are accessible to all, providing fun, creative and social opportunities which support participants with personal and social development. Feedback demonstrates that participants benefit from raised confidence and self-esteem, an increased sense of independence, and improved communication skills which enable them to participate more fully within their community.

With our work embedded in the local community, we are conscious of the impact of travel on our carbon footprint, and always aim to support local volunteers and staff to ensure minimum impact. We've recently undertaken a full environmental impact review which will guide us in further reducing environmental impact.

We work extensively with a highly-valued pool of 55 volunteers who provide support during our workshops, ensuring they receive bespoke and appropriate training in our creative support methodologies.

We embed user-led and person-centred methodologies throughout our practice, with learning-disabled trustees helping to shape long-term strategy, and individual participants consulting on all provision.

In recent years, we've divided our Take Part programme into 5 distinct projects, responding to diverse participant needs. All projects are delivered by professional trained facilitators and trained learning-disabled facilitators who provide unique peer support, employing 8 learning disabled adults per year on a regular basis. They run throughout the academic year with c.10 sessions per term of 2/3 hours, as follows:

**SPINNING WHEEL**-- weekly sensory music and movement workshops for adults with profound and multiple learning-disabilities to build communication and relationship skills, motor-neuron coordination and decision making. 341 workshops, engaging 190 participants over three years.

**DEPARTURE LOUNGE**-- weekly drama workshops for adults with moderate learning-disabilities and autism which use drama to develop confidence, communication and life skills. 90 workshops, engaging 45 participants over three years.

**BLACK CAB THEATRE COMPANY** -- weekly drama workshops for adults with mild to moderate learning-disabilities leading to professionally-led public performances devised by participants and professional learning-disabled peers. These productions have become an iconic local community presence in Hackney. 120 workshops, 5 small performances and two productions, engaging 45 participants over three years.

**SPRING BACK** -- creative training workshops for adults with mild to moderate learning-disabilities which help build coping mechanisms to deal with challenging situations and maintain well-being. 90 workshops, engaging 45 participants over three years.

**OUT&ABOUT** -- new creative wellbeing workshops for 18-25-year-olds with mild to

moderate learning-disabilities to support them at a critical life-stage, as they prepare to leave college and transition into adult life. Accreditation will be offered for participants to gain a Level 2 Certificate in Skills for the Creative Industries. Out&About also enables recruitment from diverse backgrounds into our other provision. 50 workshops, engaging 50 participants over three years.

Our work meets the Trust's programme outcomes in delivering diverse projects which enable disabled people to actively partake in arts provision which enhance their wellbeing, evidenced through participant and carer feedback.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**AIM awards accrediting Centre -- qualified status to issue accreditation recognised on national qualification framework.**

### Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Deliver 341 multi-sensory music and movement sessions for participants with profound and multiple learning disabilities and complex needs. Weekly sessions run over 3 years will engage 190 participants and their carers using our bespoke methodologies in creative communication and performance, alongside 30 volunteers, providing their time and learning our practices.**

**Deliver 90 entry-level performing arts training workshops over three years engaging up to 45 participants with moderate learning difficulties in drama, movement and music activities. Workshops are designed to be fun and social, helping to develop communication and interpersonal skills.**

**Deliver 120 performance training and rehearsal workshops over 3 years for people with mild to moderate learning disabilities to devise and create 2 professionally-led productions, under the direction of a professional theatre-maker. During this time we will work with 50 cast members (up to 20 each year), and 20 volunteers.**

**Deliver 90 workshops, 30 per year for a total of 45 adults with mild to moderate learning disabilities over three years. Weekly creative wellbeing sessions will develop participants' skills and equip them with a 'Resilience Passport', a toolkit to utilise when facing challenging situations to aid resilience and independent living.**

**A pilot programme delivering 50 creative wellbeing workshops over three years (10; 10; 30 per year) engaging young people and preparing them for their transition into adult life, working in partnership with FE colleges and select young people's projects to capture young people who do not normally access our projects.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**190 participants with complex needs will demonstrate better communication skills, with increased knowledge for their carers, through training, in creative advocacy approaches. This will result in increased positive relationships and contribute to better support being available to participants outside of workshop sessions.**

**260 participants actively engaged in creative wellbeing sessions will benefit from training in techniques for resilience. Participants will report an increase in independent living skills, in better mental health and in being more active in the community and increased overall wellbeing as a consequence of their involvement in a project.**

**50 participants will devise and perform in 2 professionally-staged public productions, providing them with the opportunity to vocalise their own ideas and place their creative voices at the heart of the pieces. Thus exercising their autonomy, decision-making and collaborative abilities, equipping them with advanced independent living and advocacy skills.**

**50 young participants and college leavers will be better prepared for adult life after engaging in drama-based transition support workshops. Participants and parents will report lower levels of anxiety and increased knowledge of services and opportunities available to them.**

**80% of participants will continue to actively engage in arts provision through AAA. With 70% of participants progressing on to a higher level project within Take Part; 20 participants progressing onto professional training at Royal Central School of Speech and Drama; and 10 progressing into paid employment in the arts.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We have had significant success securing multi-year grants to sustain our programmes. Accordingly we will continue to actively fundraise from family trusts and statutory sources, including Eranda Rothschild Foundation and Hackney Local Authority respectively. We will also seek to extend our work with care providers/FE colleges paying for places for participants to diversify income and create a more sustainable model.**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**162**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Hackney (85%)**

**London-wide (15%)**

What age group(s) will benefit?

**16-24**

**25-44**

**45-64**

**65-74**

**75 and over**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**91-100%**

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Associate Director (Project Manager)	14,563	14,962	15,715	45,240
Access Coordinator	11,390	11,700	12,436	35,526
Project Coordinator	10,117	10,404	10,887	31,408
Workshop lead facilitators / other tutors / crew / designers	37,550	40,200	43,100	120,850
Workshop co-facilitators with a learning disability, and support workers	15,420	15,886	16,583	47,889
Space hire	9,130	9,080	9,380	27,590
Workshop materials / production costs	1,450	3,200	1,250	5,900
Volunteer expenses	2,220	2,160	2,220	6,600
Admin / publicity / financial management	3,520	4,750	4,824	13,094

<b>TOTAL:</b>	<b>105,360</b>	<b>112,342</b>	<b>116,395</b>	<b>334,097</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Henry Smith Foundation	17,296	17,568	0	34,864
Robert Gavron Charitable Trust	3,750	6,450	0	10,200
Access to Work	6,720	6,960	7,320	21,000
Earned income (individual budgets, fess and ticket sales)	40,004	43,464	48,089	131,557

<b>TOTAL:</b>	<b>67,770</b>	<b>74,442</b>	<b>55,409</b>	<b>197,621</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Esmee Fairbairn	8,390	8,700	9,415	26,505
Henry Smith Foundation	0	0	17,871	17,871
Hackney Council	0	0	4,500	4,500
	0	0	0	0

<b>TOTAL:</b>	<b>8,390</b>	<b>8,700</b>	<b>31,786</b>	<b>48,876</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Associate Director (Project Manager)	7,000	7,000	7,000	21,000
Access Coordinator	0	0	0	0
Project Coordinator	2,500	2,500	2,500	7,500
Workshop lead facilitators / other tutors / crew / designers	12,200	12,200	12,200	36,600
Workshop co-facilitators with a learning disability, and support workers	4,500	4,500	4,500	13,500

Space hire	1,000	1,000	1,000	3,000
Workshop materials / production costs	500	500	500	1,500
Volunteer expenses	1,500	1,500	1,500	4,500
Admin, Publicity, and financial management	0	0	0	0
<b>TOTAL:</b>	<b>29,200</b>	<b>29,200</b>	<b>29,200</b>	<b>87,600</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>April</b>	Year: <b>2016</b>
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<b>Income received from:</b>	<b>£</b>
Voluntary income	1,196
Activities for generating funds	0
Investment income	37
Income from charitable activities	285,366
Other sources	2,184
<b>Total Income:</b>	<b>288,783</b>

<b>Expenditure:</b>	<b>£</b>
Charitable activities	286,810
Governance costs	0
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>286,810</b>
<b>Net (deficit)/surplus:</b>	<b>1,973</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>1,973</b>

<b>Asset position at year end</b>	<b>£</b>
Fixed assets	6,289
Investments	0
Net current assets	60,088
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>66,377</b>

<b>Reserves at year end</b>	<b>£</b>
Restricted funds	30,736
Endowment Funds	0
Unrestricted funds	35,641
<b>*Total Reserves (B):</b>	<b>66,377</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
31-40%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Several organisational changes have occurred:

AAA has increased its number of staff members, including employing two who are full-time, and 5 part-time.

From 1st June 2017 we changed from a registered charity to a Charitable Incorporate Organisation. This decision was taken by our Board of Trustees to reduce personal financial responsibility and change the governance operating model around the rights to cease operations.

### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	4,290	21,229	19,000
Health Authorities	0	0	0
Central Government departments	0	4,896	13,472
Other statutory bodies	30,209	37,300	56,250

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Leverhulme Trust	17,084	38,582	41,691
Henry Smith Foundation	19,800	22,400	22,500
Wellcome Trust	0	0	342,520
Mercers Charitable Trust	0	5,000	5,000
Tin Plate Workers	0	10,000	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Patrick Collier**

Role within                      **Executive Producer**  
Organisation: